Join the movement!

What is READY?

READY will go beyond the boundaries of programming to create a level of dynamism, energy and a determination to show solidarity for the specific needs of adolescents and young people. READY is a movement of youth-led and youth-serving organisations, which aims to promote Resilient, empowered adolescents and young people.

Why READY?

Adolescents and young people face complex challenges related to relationships, mental health, HIV treatment, contraceptive choices and stigma. Young people remain vulnerable to HIV for a number of reasons, including poor access to sexual and reproductive health (SRH) information and services, harmful gender norms, and exclusion from society.

So, why READY again? Young people become ready to make informed decisions about our health and rights; parents and caregivers are ready to support young people to talk about sexuality; service providers are ready to provide youth friendly services; and decision-makers are ready to champion access to information, services and commodities for adolescents and young people living with HIV.

Our vision and values

- Building youth leadership, to bring young people’s voices to the table and ensure that solutions respond to our realities and priorities.
- Recognising the balance between protection and autonomy, to promote individual agency as well as ensuring the safety of adolescents, acknowledging that adolescents’ capacity is evolving.
- Championing human rights, including sexual and reproductive health and rights (SRHR) and the freedom to love and be loved regardless of our sexual orientation or gender identity.
- Seeking gender-transformative approaches, in order to challenge harmful beliefs and practices about what girls, boys, men and women should be and do.
- Promoting a person-centred approach, that recognises and celebrates diversity among adolescents and young people, and responds to our holistic needs.

HARD FACTS

- 2 million adolescents are living with HIV worldwide.
- 64% of new infections among young people in western and central Africa were among young women.
- Two-thirds of new HIV infections among young people aged 15–24 years in eastern and southern Africa occurred among girls and women.
- 21 million girls aged 15–19 years in developing regions became pregnant every year, 49% are unintended.
- 38 million girls aged 15–19 years are at risk of pregnancy, but only 40% are using a modern method of contraception.
- 41% of unsafe abortions in developing regions are among young women aged 15–24 years.

"If we are to meet the Sustainable Development Goals for 2030, the health and emotional wellbeing needs of young people living with and most affected by HIV must be meaningfully addressed and acted upon."

www.unpd.org/content/undp/en/home/sustainable-development-goals.html

"Working with young people and adolescents matters because we need guidance as we grow and transit into different life stages, and we are the future leaders of tomorrow."

Gcebile Dlamini, Y+ & READY+ Focal Point, Swaziland Network of Young People Living with HIV (SNYP+.)

"There is no question that young people and adolescents need to be at the centre of the work of the Alliance. It is a tragedy that in 2017 young people remain so heavily affected by HIV. Young people continue to die because they do not have access to treatment and quality integrated SRHR services – including a full range of modern contraceptive choices – or simply do not know their HIV status. If we cannot make a difference here, we will never end AIDS and we will be responsible for a whole generation unable to contribute to the world, in all their diversity and with all their creativity, because we have failed to address their SRHR needs, including HIV."

CHRISTINE STEGLING, EXECUTIVE DIRECTOR, INTERNATIONAL HIV/AIDS ALLIANCE

"Movements challenge and disrupt. They are restless and determined. They often make society, elites and institutions deeply uncomfortable as they challenge accepted values, priorities and procedures."

NESTA (2016) HEALTH AS A SOCIAL MOVEMENT: THE POWER OF PEOPLE IN MOVEMENTS

"Young people need a different kind of psychosocial support, given their often turbulent transition from childhood to adulthood. This is a period in which they are establishing their own identity, related to but separate from their families. Their psychosocial wellbeing and happiness is strongly influenced by their ability to form positive relationships with others and having fulfilling experiences from everyone around them."

LYNETTE MUDEKUNYE, ADVISOR, REGIONAL PSYCHOSOCIAL SUPPORT INITIATIVE (REPSS)

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Jaime, Panama

Follow the READY movement on social media around these key events and dates.

World Health Assembly
BY CONSOLATA OPIOYI

There are many platforms that are available for us as adolescents and young people. We want to see how we can ensure that the young people representing us on these platforms are knowledgeable about the issues. We will advocate for meaningful participation.

Photo: Cedric Ninainahazwe from Y+, Michel Sidibé, Executive Director of UNAIDS, and Consolata Opiyo, Y+ at 2017 World Health Assembly in Geneva.

“Adolescents are not a homogeneous group, they are unique and their needs are different. I like the challenge I get to respond to their unique needs.”

FELICITAS FARAH, NGUBO-CHIVONGOZOE, REGIONAL CAPACITY-BUILDING LEAD, AFRICAN ZVANIDZI

My top tips in community mobilisation
BY MOSES AWERE

I’m a team leader with Peer To Peer Uganda. Through READY Teens, we mobilise young people and the communities around them – parents, teachers, religious leaders, local political leaders – to care for the health and support the wellbeing of adolescents living with and most affected by HIV. How do we do this?

Follow the READY movement on social media around these key events and dates.

<table>
<thead>
<tr>
<th>Key Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>ICASA: 4–9 December, Abidjan, Côte d’Ivoire</td>
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<td>World AIDS Day: 1 December</td>
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<td>World AIDS Day: 1 December</td>
<td>1 December</td>
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<tr>
<td>World Health Assembly: 19–20 June, Cape Town, South Africa</td>
<td>19–20 June</td>
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<td>Family Planning Summit: 11 July, London</td>
<td>11 July</td>
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<td>International Youth Day: 12 August</td>
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<tr>
<td>REPSI Psychosocial Forum: 4–6 September, Arusha, Tanzania</td>
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<tr>
<td>International Workshop on HIV &amp; Adolescence: 6–7 October, Johannesburg, South Africa</td>
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The power of music, dance and drama – who doesn’t want to have fun? Using music, dance and drama that is led by young people to attract other young people, always works when you keep it fresh and do it well. We explain why we have organised the fun, and we use it as an opportunity to talk about relationships and experiences that put girls in our communities at risk of unplanned pregnancies and sexually transmitted infections. We share contacts for where people can go to get more information and access the services they need.

The power of local leaders – our parents and the other community leaders around us are very influential in our lives. They tell us what we can and cannot do. While we don’t always listen, they affect the way we feel about ourselves and can either encourage us to get information or access services or put us off. Community dialogues, jointly led by a community leader and a respected young person, provide a space for discussion among local leaders to talk through their fears and hopes for their children. The key thing is to make sure there are one or two strong champions in the community dialogues who speak up! You don’t want the discussion to make things worse for young people as we try to stay healthy and live out our rights!

Why we need a movement
Evidence tells us we need to be addressing the specific needs of young people living with and most affected by HIV, and that the best way to do this is to harness the energy, creativity and knowledge of young people themselves. The following tools expand on the evidence and provide solutions to how we can practically improve the health and wellbeing of adolescents and young people.

Young Positive Voices
Young Positive Voices is a dedicated advocacy platform from the Global Network of Young People Living with HIV (Y+) that intends to be a reliable resource for clarifying the quantitative and qualitative status of adolescents and young people living with HIV worldwide, informing partners and stakeholders of the needs, challenges and possible solutions to improve the lives of adolescents and young people living with HIV, including our SRHR.

Aiming High: 10 Strategies for meaningful youth engagement

Lessons from Link Up! Link Up experiences of reaching adolescents living with HIV

JOIN THE MOVEMENT! WHAT ARE YOU READY TO DO?
Add your voice to the READY movement in four easy steps

1. Visit www.aidsalliance.org/ready to download your #WeAreREADY speech bubble
2. Write and tell us what you are READY to do
3. Take a picture of you and your pledge
4. Post it to Twitter or Facebook. Don’t forget to include #WeAreREADY #ActOnHIV

For information about the READY movement, visit: www.aidsalliance.org/ready

#ActOnHIV

Thank you!

The International HIV/AIDS Alliance would like to say thank you to our current READY partners: Africaid, AIDS Legal Network (ALN); Aidsfolks; Alliance Burundaise contre le SIDA (AB); Community Health Alliance Uganda (CHA); Coordinating Assembly of Non-Governmental Organisations (CANGO), Global Network of People Living with HIV (GAP+); Global Youth Network of Young People Living with HIV (Y+); M&C Saatchi World Services, Organisation for Social Services, Health and Development (OSSHD), Pandemic AIDS Treatment for Africa (PAT), Regional Psychosocial Support Initiative (REPSSI), Stop AIDS Alliance, Tanzania Council for Social Development (TACOSODE).

I am READY, are you?
BY JANET BHILA

Being an adolescent is not easy. Going through puberty and becoming a young adult is hard enough for everyone, but there are numerous things that we battle with when HIV is added to the list. Being involved in relationships is really hard with the burden of disclosing our status. I think this is especially hard for girls, mostly because of the stigma and discrimination. My body is changing … I have pimples on my face … I think that boy likes me … Maybe that girl kept looking at me because she thinks I am hot … I am HIV-positive. I also have to deal with seeing a nurse at the clinic that tells me I’m too young for family planning and has the attitude of thinking that I got HIV through sex, because that’s what they believe.

As a young person representing adolescents, I am very confident that the coming years will contribute to the development of many global initiatives that focus on changing the lives of adolescents. We are READY to make a difference.

Janet Bhila is a member of Y+ in Zimbabwe. Read her full blog at: www.aidsalliance.org/blog/852-i-am-ready-are-you

Follow the READY movement on social media around these key events and dates.

1. Intergenerational Youth Summit for Positive Leadership (Adolescent Treatment Coalition): 19–20 June, Cape Town, South Africa
2. UNAIDS PCB: 27–29 June, Geneva, Switzerland
4. IAS Conference: 23–26 July, Paris, France
5. International Youth Day: 12 August
6. REPSI Psychosocial Forum: 4–6 September, Arusha, Tanzania
8. Congress on Adolescent Health: 27–29 October, Delhi, India
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FOLLOW THE MOVEMENT! DATES FOR THE DIARY

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